

# STRIVE SEPTEMBER SCHEDULE



**Students who do not have an open ACCES VR case can participate in up to 15 hours of free services that included opportunities to develop and enrich self-advocacy skills, improve and enhance work readiness, explore career development, and participate in a work-based learning experience.**

Saturday 9/11 - 10am -1pm (time may change) Community based work experience

Saturday 9/18 - 10:00am – 1:00pm (time may change) Community based work experience

Tuesday 9/21 - 3:30pm – 6:30pm at The Viscardi Center, Culinary Experience – Students will learn about the food service industry and practice skills by making salsa.

Monday 9/27 - 3:30pm – 6:30pm at The Viscardi Center, Office Work – Students will explore the skills needed for entry level office work/administrative assistant.

Thursday 9/30 - 3:30pm – 6:30pm at The Viscardi Center. Creating a Resume & Interview Skills

Remote 5-week workshop on Wednesdays - 3:30pm - 4:30pm starting 9/22, Vocational Exploration – How to explore different careers

Remote 5-week workshop on Wednesdays - 4:30pm – 5:30pm starting 9/22, Self-Advocacy – Learning about myself

**Students must be enrolled in the workshop in order to attend.**  
**Contact Sara Eckstein, 516-465-1532 [seckstein@viscardicenter.org](mailto:seckstein@viscardicenter.org) to enroll.**

**A PROGRAM FOR STUDENTS 14-21 WITH A DISABILITY**