

## 2013 Henry Viscardi Achievement Award Recipient



### Patrick D. Rummerfield

#### Community Liaison, International Center for Spinal Cord Injury at the Kennedy-Krieger Institute

Patrick D. Rummerfield is a community liaison at the International Center for Spinal Cord Injury at the Kennedy-Krieger Institute, and one of the innovators of the new Functional Electrical Stimulation (FES) equipment. He is the first fully functional spinal cord quadriplegic having survived and thrived with paralysis following a car accident. He has worked with Dr. John McDonald and other researchers to develop FES equipment such as the robotic glove, elliptical machines and stationary bike. Rummerfield also competes in triathlons (Ironman) and marathons (155 mile foot race, Gobi March), and he set a world speed record (245 mph) for the electric vehicle. He is currently touring to promote his autobiography, "Green Bananas" the Patrick Rummerfield Story. He is donating a percentage of the proceeds to paralysis research at the International Center for Spinal Cord Injury at the Kennedy-Krieger Institute as well as other paralysis research programs.

"I'm very honored to be listed among prominent and influential figures in the disability movement, including Dr. Viscardi himself," said Rummerfield. "I've been fortunate that the twists and turns in my life have led me to focus on work that will hopefully benefit people with spinal cord injuries and other disabilities. Activity Based Restorative Therapies, such as Functional Electrical Stimulation, and groundbreaking stem cell research hold a great deal of promise for people around the world."